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# McNeil High School Swimming & Diving

This handbook contains standards and expectations for members of the McNeil High School Swimming & Diving Team. Any questions or comments should be directed towards Coach Johnny Foss. This booklet has been approved by the McNeil Athletic Department and conforms to all U.I.L. standards that govern all Texas high school sports.

The McNeil High School Swimming & Diving program consists of a group of boys and girls that are fully committed to representing their teammates, sport, school and community in the best possible manner at all times.

Being a member of the McNeil High School Swimming & Diving Team is an earned privilege and honor. Failure to maintain these standards and requirements will result in the loss of this privilege.

## QUALIFICATIONS & REQUIREMENTS

Swimming is a very demanding sport that requires the following:

- Swimmers must be physically able to participate at an advanced level of swimming.
- Swimmers must be mentally able to handle the demanding and sometimes grueling schedule that goes with competitive swimming and being a student.
- Swimmers must have a higher degree of character and integrity than the average student.
- Swimmers must maintain a passing average in all classes.
- Swimmers are expected to follow every rule the school, district, and state require for high school students and student athletes.
- Swimmers are expected to follow every rule in this booklet and every rule verbally communicated to them by their coach.
- Swimmers are expected to make a full commitment to the training schedule, as well as the meet and taper schedule set forth by Coach Foss.

**Remember** this is a team and no one person is more important than the team as a whole.

- Treat your teammates with respect in the water and outside of the water.
- Treat all opponents with respect and politeness.
- Respect and listen to your coach.
- **Your individual honesty, integrity, and image equal that of the team's. "It only takes one person to make us all look bad."**

Once you become a Maverick Swimmer you make a commitment not only to yourself, but one to your team. A commitment that takes:

***Hard work, Loyalty, Focus, Determination, Consistency, and Discipline.***

## ATTENDANCE STANDARDS

### ***Attendance to swim practice is mandatory.***

Any tardies(including being **IN the pool by the scheduled time**) and absences, excused and unexcused will be treated just like any other class and will be reported to the attendance office.

### **Getting out of practice early is an absence.**

Additional attendance standards:

In order to build a program that improves the quality of the swimmers as well as the success of the team, **attendance is a high priority**. Swimmers are expected to be in attendance every training day barring extenuating circumstances. Such circumstances include sickness and family emergencies. **Doctor appointments should be scheduled during “non-practice” times** (some emergencies will be permitted on a case by case method).

### **\*\*\*Coach Foss must be notified in advance of a coming absence\*\*\***

Communication is an essential tool in the world in which you live. Should a swimmer have difficulty communicating absences in a timely manner to Coach Foss by either email, cell phone, or office phone, then that student will be placed on athletic contract.

In order to account for the common academic emergencies that occur each six weeks, each swimmer is allowed to miss **two practices a six weeks(arranged with Coach Foss prior to absence)** without penalty. We refer to these types of days as “Academic Days”. Should a swimmer need to miss a third practice day in one six weeks, it will be assumed that the swimmer is behind in their studies and will subsequently be scratched from their next eligible meet in order for them to get their academics in order. A fourth unexcused absence in one six weeks will result in removal from the team for the remainder of that school year.

If a swimmer is tardy to practice or team meetings, then that swimmer will be marked as tardy to the class. Excessive tardies will keep students from exempting their final exams at the end of each semester. If a swimmer is consistently late to practice or team meetings that swimmer will be put on athletic contract.

Very few things are more important than the academic success of our students. Every swimmer must know though, that accepting a spot on the McNeil Swim Team will only make that endeavor more difficult. Athletes give up a sizable chunk of their valuable time in order to compete in an activity they love. This does not diminish the importance of academics. It simply gives us less time to accomplish the same goals. Every swimmer is expected to manage his/her time so that academic success is a certainty.

## PRACTICE STANDARDS

Practice is mandatory. If you do not practice, you are not a member of the team.

**If an athlete must miss a practice due to an emergency, illness, or any other unexpected circumstance**, the reason must be communicated to the coach within 24 hours or it will be counted as an **unexcused absence**. An unexcused absence can be applied towards that swimmer's Academic Day allowance.

The practice schedule will be explained to the swimmers by the coach at the beginning of the year. Any changes during the year will be communicated as they occur.

***There are no bad weather days.*** If the conditions make it impossible to swim, there will be dry land practice. That dry land practice will take place at either the pool or at McNeil High School and will begin 15 minutes after the scheduled workout time should there be any necessary transportation changes. If you believe that inclement weather might impact practice then call Coach Foss' cell phone(626-7448) and either he will tell you personally of the current practice situation or there will be a message on his phone indicating the change in practice venues. If there is no "new" message on his cell phone, assume that the practice situation has not changed. **The meeting place for dry land training will be in the old ("matted")weight room.**

Failure to attend practice will result in consequences. (See Attendance Policies)

## PRACTICE SCHEDULE

Practice times will be communicated to the team in a timely fashion when they become known.

Our practices will be focused on advancing as many of our swimmers as far as possible during the championship portion of our season. Therefore, it is very important to continue practicing consistently during the Christmas Holidays, due to the proximity of the District Meet which is the first stage in the championship portion of our season..

### **\*\*\*Christmas Training\*\*\***

***At McNeil High School we will be training through the Christmas break in order to prepare for the District, Regional and State Meets effectively. Any absences may result in that swimmer being left off of the District Roster so that a more prepared swimmer may have a shot at representing McNeil high school. Plan ahead so that family vacations do not interfere with training!***

# PRACTICE SCHEDULE

Practice times at the beginning of school will be as follows:

- “A” day at pool from 7:30 – 9:30 AM
- “B” day at McNeil High School in weight room from 7:00 – 8:30 AM

## AUGUST

August 24: Team Meeting 7:00 – 8:30 am and during 1<sup>st</sup> period  
August 25: Team Meeting 7:00 – 8:30 am  
August 26: Team Meeting 8:30 – 10:35 am  
August 27: Team Meeting 7:00 – 8:30 am  
August 30<sup>th</sup>: FIRST PRACTICE!!! From 7:30 – 9:30 am

## SEPTEMBER

September 6<sup>th</sup> (labor day): NO PRACTICE

## OCTOBER

October 11<sup>th</sup>: NO PRACTICE  
**October 18<sup>th</sup>: From this date and on, unless otherwise noted in this schedule or directed by Coach Foss, practice will be at the pool from 7:30 – 9:30 am on “A” days and from 6:30 – 8:00 am on “B” days.**

## NOVEMBER

November 24<sup>th</sup> : 7:00 – 9:00 am  
November 25<sup>th</sup>, 26<sup>th</sup> : NO PRACTICE

## DECEMBER

December 20<sup>th</sup> – 22<sup>nd</sup>: 7:00 – 10:00 am  
December 23<sup>rd</sup> – 27<sup>th</sup> : NO PRACTICE due to UIL restrictions  
December 28<sup>th</sup> – 31<sup>st</sup> : 7:00 – 10:00 am

## JANUARY

January 3<sup>rd</sup>: 7:00 – 9:00 am  
January 4<sup>th</sup> : return to normal practice schedule  
January 17<sup>th</sup>: 7:00 – 9:00 am

## EQUIPMENT

Swimmers are expected to bring **all** equipment to **every practice** and **be prepared to swim and do dry land training at every practice(always bring running shoes)**. **Failure to come prepared will count as an absence. Having a back-up pair of goggles is mandatory.**

Each swimmer will be issued a net gear bag with a kickboard, pull buoy, set of paddles and fins. Swimmers are responsible for all equipment issued to them. All equipment is property of the Round Rock Independent School District. Any abuse or misuse of the equipment will result in the loss of use.

## INJURY POLICIES

If swimmers are injured and cannot swim, **they must still attend practice at the scheduled time.** The swimmers will be expected to do dry land training and/or physical therapy (PT). If the swimmer is on PT, they must bring a copy of their PT workout and schedule with a doctor's signature to be turned into McNeil's athletic training staff. While injured, swimmers are still part of the team and are expected to follow all team standards, rules and procedures.

## BOOSTER CLUB

The McNeil Swim Team, in order to enhance the experience of high school swimming & diving, has their own booster club. The main role of the Booster Club is to manage the finances that are raised by membership fees as well as any fund raisers. All By-Laws, meeting times, minutes and budgets related to the Booster Club can be found on the team's website. Any questions not answered by these links and documents should be directed to the Head Swimming & Diving Coach.

## FUNDRAISING!!!

On the McNeil Swimming & Diving Team we have a history, necessity and tradition of fabulous fundraising. In fact, our fundraising efforts in the past have gone so well that our team has only had to raise funds once throughout the entire school year instead of the two times a year that are permitted. Our mighty mavericks raise funds during the first part of the school year for our annual Swim-A-Thon which allows us to pay for travel and lodging for our over night trips as well as any necessary equipment that the team might need throughout the year. McNeil swimmers will be raising pledges and donations for our Swim-A-Thon where each swimmer will be swimming 7500 meters(five miles) in under two hours. In order to pay for hotel lodgings, charter buses, meal expenses, and team equipment we are asking each swimmer to raise at least \$100 each. A lot of swimmers in the past have raised more than they were asked, but the minimum of \$100 will allow us to participate in all of the planned events that the McNeil Swimming & Diving program has enjoyed in past years. Feel free to speak with family, friends, neighbors and even local businesses that might be interested in supporting a very worthy cause. Please put forth the effort to do your part as early as possible. Failure to raise sufficient funds will result in the team reducing the number of meets that are currently on our proposed schedule. **This year's Swim-A-Thon will take place on Thursday, November 4<sup>th</sup> during the normal scheduled training time. Pledges can be turned in to Coach Foss as late as Friday, November 5<sup>th</sup>.**

## TRAVEL

1. Except during some home dual meets, **all members of the team will travel together** on district provided transportation.
2. The pick-up and drop-off point for each meet will be at the McNeil Gym side entrance.
3. Departure times will be communicated to the team in advance. The bus will leave on time. If you miss the bus, you will not compete at the meet.
4. Every team member must return to McNeil H.S. with the team. **You may not leave the meet early.** If a swimmer must leave the meet; then she/he can only do so with their parent(s), and only after the parent has given Coach Foss a note releasing RRISD from all liability. The parent and swimmer must confer with and deliver the note to Coach Foss prior to the beginning of the meet. This process must be done **each time (at every meet)** that the athlete does not plan to ride home on district transportation.
5. Swimmers are not allowed to drive themselves to or from the meet unless their parents/guardians have filled out the attached transportation release form(home meets only).
6. If you leave a meet without permission from Coach Foss, you will not be able to travel with the team for the remainder of the season.
7. ***Good conduct on all trips will be enforced. ALWAYS ask the coach for permission before undertaking any activity at a meet. The athlete will be responsible for any misconduct and/or damage to property, etc.***
8. ***Any inappropriate behavior by an athlete while the team is traveling, or at any school related function will result in the swimmer(s) being immediately dismissed from the team. The parent of the swimmer may be required to pick up their child due to the inappropriate actions. The inappropriate behavior will be examined on a case-by-case basis at Coach Foss' discretion.***

## MEETS

Swim meets are our opportunity to represent our community and school as a unified team. In order to accomplish this in the best possible manner we have some team guidelines that need to be followed.

### Uniforms

During school on meet days, swimmers are required to wear the team uniform: Team polo(tucked in), and the swimmer's choice of shorts, pants or skirt.

### Travel uniform:

- **For meets on school days-**
  - Team polo (see above)
- **For meets on non-school days-**
  - Team warm-ups or plain blue, green, or gray sweats
  - Team T-shirt or sweat shirt
  - Team parka

### **Meet uniform:**

- Team warm-ups or sweats
- Team T-shirt or sweat shirt
- Team parka
- Dual Meets – team suit **AND** drag suit(for warm-up only)
- Invitational/Championship Meets – competition suit and **drag suit during warm-ups.**  
**\*\*\*FASTSKIN SUITS NEED TO BE APPROVED BEFORE USE AT ALL NON-CHAMPIONSHIP MEETS.\*\*\***

***Swimmers are required to wear a McNeil team swim cap during all races (unless otherwise directed by Coach Foss)***

You must be in proper team attire to compete in each meet. **NO CLUB PARAPHERNALIA!!!**

### **Meet Eligibility**

Most meets have limits on the number of entries per team and some meets have qualifying time standards, thus every swimmer may have the opportunity to go to every meet. McNeil will place the fastest qualified swimmers in each event.

Other qualifying and eligibility factors:

- See “Attendance Policies”
- Swimmers must meet all qualifications and requirements stated in this booklet.
- Swimmers must not have missed two days of practice (for any reason) the week prior to a swim meet.

### **Behavior**

- McNeil Maverick Swimmers will demonstrate the highest level of good sportsmanship at all times.

### **District Meet Requirements**

1. Each team at the district meet is only allowed to enter four swimmers in each event and only allowed to enter one relay team in each relay event.
2. Swimmers are only allowed to swim in two individual and two relay events, or one individual and three relay events (a maximum of four events).

Because of these limits McNeil will take the fastest qualified swimmers who meet the following:

1. Swimmer must comply with all standards and qualifications of the district.
2. Swimmer must comply with all standards and qualifications of the McNeil Swim Team.

## LETTERING STANDARDS

Swimmers must meet one of the following criteria to earn a McNeil "Swimming Letter".

- The swimmer finishes in the top six of an individual event at the District Meet.
- The swimmer is part of a winning relay team at the District Meet.
- The swimmer qualifies for the Regional Meet in an individual event.
- The swimmer competes on a relay team at the Regional Meet.

\* Swimmers who have competed in McNeil Athletics for three years; have consistently shown excellent attendance, superior practice skills, and exemplary team involvement; and who have competed in five or more meets during the year will earn a McNeil "Swimming Letter".

## GROOMING AND PERSONAL APPEARANCE

Swimmers are expected to comply with all school, athletic, and district policies regarding grooming and personal appearance and hygiene.

**Jewelry-** According to UIL Policy, swimmers are not allowed to wear jewelry of any kind during team practices or while competing for McNeil High School.

## ATHLETIC CONTRACT

An athletic contract is a last-ditch effort to demonstrate to the swimmer that team rules are not negotiable. Should a swimmer still not be able to follow team rules after being placed on athletic contract then that swimmer will be removed from the team. It is the swimmer's job, not the parents', to make sure that they remain in good standing with the team and school. Also, should a swimmer lose athletic eligibility for any reason during the school year then that swimmer will be placed on athletic contract.

## ACADEMICS

Swimmers are expected to prioritize their schoolwork ahead of swimming. You are STUDENTS FIRST.

Swimmers are encouraged to go to tutoring and study groups to maximize their academic potential. **However, scheduling these sessions during practice should be a last resort. Remember, swimmers have two days a six weeks where they can prearrange with Coach Foss and miss practice in order to catch up on studying or attend tutorial sessions.**

Becoming a successful swimmer involves exceptional time management skills. Stay on top of your studies and do not procrastinate when it comes to preparing for testing and completing projects. **Last minute studying (cramming) and work completion due to procrastination is not an excused absence. (ex: "Coach, I have a test today. I need to leave practice early to study or else I will fail.") A student's lack of preparation on their part does not constitute an emergency on my part.**

### **Progress Reports:**

Students must show Coach Foss any failing progress reports they receive. (I will work with you and your parents confidentially to bring up your grade. Your teammates will not know unless you tell them.) Remember, progress reports are warning notices which enable students to bring up their grades **before** they permanently go on your records. Do not hide them!

### **Academic Ineligibility:**

Students who become ineligible during the school year will be placed on athletic contract.

## CONSEQUENCES FOR INAPPROPRIATE BEHAVIOR

Consequences will be dealt with in the following order:

1. Verbal warning and missed participation/competition.
2. Athletic probationary contract.
3. Removal from athletics.

***As stated earlier, certain inappropriate behaviors will result in immediate dismissal from the team. These inappropriate behaviors will be reviewed at Coach Foss' discretion. The action of dismissal will supersede all of the above consequences.***

# (Eligibility Calendar)

# MCNEIL SWIM TEAM

## 2010-2011 Schedule

Please find the team schedule on our team website at...

**[www.mcneilswimdive.blogspot.com](http://www.mcneilswimdive.blogspot.com)**

Another way to look at the season...

| DUAL MEET SEASON   |           | INVITATIONAL MEET SEASON   |          |          | CHAMPIONSHIP MEET SEASON  |          |
|--|-----------|--|----------|----------|---|----------|
| August   | September | October  | November | December | January   | February |
| 4 or 5 Dual Meets<br>Rotate through 8 HS events<br>Explore relay options |           | Round Rock Invitational<br>Temple/Aggieland Invitational<br>Austin ISD Invitational<br>Coastal Bend TISCA (Corpus Christi) |          |          | One Warm up meet at Temple<br>District Meet (mid-late Jan.)<br>Regional Meet(2 weeks after Dist.)<br>State Meet(2 weeks after Reg.) |          |

## ORDER of EVENTS in HIGH SCHOOL SWIMMING

|          |                        |
|----------|------------------------|
| Event 1  | Girls 200 Medley Relay |
| Event 2  | Boys 200 Medley Relay  |
| Event 3  | Girls 200 Free         |
| Event 4  | Boys 200 Free          |
| Event 5  | Girls 200 IM           |
| Event 6  | Boys 200 IM            |
| Event 7  | Girls 50 Free          |
| Event 8  | Boys 50 Free           |
| Event 9  | Girls 1 Meter Diving   |
| Event 10 | Boys 1 Meter Diving    |
| Event 11 | Girls 100 Fly          |
| Event 12 | Boys 100 Fly           |
| Event 13 | Girls 100 Free         |
| Event 14 | Boys 100 Free          |
| Event 15 | Girls 500 Free         |
| Event 16 | Boys 500 Free          |
| Event 17 | Girls 200 Free Relay   |
| Event 18 | Boys 200 Free Relay    |
| Event 19 | Girls 100 Back         |
| Event 20 | Boys 100 Back          |
| Event 21 | Girls 100 Breast       |
| Event 22 | Boys 100 Breast        |
| Event 23 | Girls 400 Free Relay   |
| Event 24 | Boys 400 Free Relay    |
| Event 25 | Girls 3 Meter Diving   |
| Event 26 | Boys 3 Meter Diving    |

# (Nutrition Supplement)

## **RRISD POLICY REGARDING ABUSE OF ALCOHOL, DRUGS AND TOBACCO**

1. This policy is intended to be a minimum punishment for the students in athletics involved in the misuse of alcohol, drugs (non-prescription) or tobacco.
2. Any athlete involved in using drugs or tobacco at any athletic event or trip in which he/she represents RRISD will be immediately suspended from that particular team and any other athletic team for one (1) year.
3. Any student involved in using alcohol, drugs or tobacco during the school day or at any function other than an athletic event in which he or she is under school supervision (i.e. lunch, school dance) will not be allowed to participate in any school-sponsored athletic event for a minimum of six (6) weeks. Any student guilty of a second offense will be suspended for one (1) year from athletics.
4. The punishment and/or dismissal of athletes involved in the misuse of alcohol, drugs or tobacco at times other than at school or under school supervision will be left to the coach of that particular sport.
5. The above stipulations are strictly minimum. They are not intended in any way to affect the individual coach's right to make a decision as to the punishment and suspension of the athletes directly involved in his/her particular program. Other punishments might include certain physical punishments such as running extra laps, extra work in the morning or evening, loss of right of letter jacket or other awards, or anything else the individual coach might deem necessary to protect his/her program and other participants from those who insist on being involved with the use of alcohol, drugs or tobacco.

# Round Rock Independent School District Extra Curricular Code of Conduct

## I. Extracurricular Activities

The term "extracurricular activities" means, without limitation, all interscholastic athletics, cheerleading, drill team, academic clubs, special interest clubs, extra curricular fine arts performances, student government, and any other activity or group that participates in contests, competitions, or community service projects on behalf of or as a representative of the District. The term includes any non-curricular event and membership or participation in groups, clubs, and organizations recognized and approved by the Board of Trustees and the school district and sponsored by the district or a campus. All extracurricular activity participants, including elected and appointed officers of all campus organizations, will be subject to the provisions of this Extracurricular Code of Conduct.

## II. Jurisdiction

Student participation in extracurricular activities is encouraged. Round Rock ISD makes extracurricular activities available as an extension of the regular school program, with this important difference: participation in the regular curriculum is a right afforded to each student, while participation in the extracurricular program is a privilege that carries additional expectations for acceptable conduct. Students engaging in extracurricular activities represent not only themselves, but also other students and the school district when performing, competing, or participating in extracurricular activities and while wearing uniforms or other clothing that identifies the student to the community or public in any setting as Round Rock ISD students. For this reason, their behavior must be exemplary and reflect the finest attributes of the total Round Rock ISD student body at all times and places. Important goals of the extracurricular program are to give students direction in developing self-discipline, responsibility, pride, loyalty, leadership, teamwork, respect for authority, and healthy living habits.

Because participation in extracurricular activities is a privilege and not a right, Round Rock ISD is authorized to set higher standards for participants of extracurricular activities than it would for those students who choose not to participate in these activities. Therefore, this Extracurricular Code of Conduct extends beyond the Round Rock ISD Student Code of Conduct not only in types of behavior prohibited, but also in corresponding consequences and jurisdiction for imposing discipline. In case of a conflict between this Code and the activity or sport specific campus handbook, the Code will prevail.

This Extracurricular Code of Conduct will be enforced with all students grades 7<sup>th</sup> - 12<sup>th</sup> participating in extracurricular activities:

- regardless of whether school is in session;
- regardless of whether the student is directly involved with the extracurricular activity at the time the prohibited conduct occurs;
- regardless of whether the extracurricular activity is in-season; and
- regardless of where or when the conduct occurs.

It is possible that a student who violates the Round Rock ISD Student Code of Conduct will incur consequences from both the appropriate school administrator and from his or her coach or sponsor for the same particular violation. It is also possible that a student participating in extracurricular activities could violate the Extracurricular Code of Conduct and be subject to discipline by a coach or sponsor without having violated the Round Rock ISD Student Code of Conduct.

# Round Rock Independent School District Extra Curricular Code of Conduct

## III. Prohibited Conduct

Round Rock ISD students who participate in extracurricular activities are prohibited at all times from:

- any conduct resulting in arrest and/or citations from law enforcement officers;

## IV. Procedures

The coach, director and/or sponsor will determine whether an Extracurricular Code of Conduct violation has occurred. Upon determination of an Extracurricular Code of Conduct violation, the following individuals will be notified:

1. student
2. student's parent(s) or guardian(s);
3. appropriate school counselor to provide counseling, support, and guidance in dealing with issues associated with alcohol, drugs, mood-altering chemicals, and other prohibited activities.

## V. Disciplinary Action

Coaches, directors, and sponsors will review all the facts and circumstances surrounding a particular violation and impose appropriate disciplinary action. Coaches, directors, and sponsors will strive for consistency and exercise sound professional discretion. School personnel may remove a student who violates the Extracurricular Code of Conduct from his/her current sport or school-sponsored activity. The person making the final determination regarding disciplinary action will have any relevant records pertaining to the student.

**Violation of any of the above-mentioned rules by a student participating in extracurricular activities will be subject to the following disciplinary action:**

- **Suspension from all extracurricular activities until one of the following choices has been completed:**
  - 1<sup>st</sup> Offense –**
    - Community service (documented) 30 hours**
    - OR**
    - Completion of sport/activity specific skill improvement drills to be determined by the coach, director or sponsor.**
  - 2<sup>nd</sup> Offense –**
    - Removal from the program**

Nothing in this Extracurricular Code of Conduct limits the authority of a coach, director, or sponsor to impose reasonable sanctions, including extra workouts, for students who breach team or organization conduct expectations but do not engage in prohibited conduct.

## VI. Appeals

Questions or complaints from parents regarding disciplinary measures should be addressed to the campus administration, in accordance with Policy FOC (Local). A copy of this policy may be obtained from the principal's office or the central administration office or through Policy On Line at the following address: [www.roundrockisd.org](http://www.roundrockisd.org)

Disciplinary consequences will not be deferred pending the outcome of an appeal.

# Round Rock Independent School District Extra Curricular Code of Conduct

A condition to participating in any Round Rock ISD extracurricular activity or holding any office (elected or appointed) is to sign an acknowledgement that the student has read and understands the Extracurricular Code of Conduct. The student's parent or guardian must also sign an acknowledgement. The acknowledgement states that the signing party understands the consequences for engaging in prohibited conduct.

Date \_\_\_\_\_

I have read the Round Rock ISD Extracurricular Code of Conduct and agree to adhere to these rules as a condition for my voluntary participation in Round Rock ISD extracurricular activities. I understand that failure to do so will result in disciplinary measures related to my extracurricular participation.

Student Name \_\_\_\_\_

Student Signature \_\_\_\_\_

I have read the Round Rock ISD Extracurricular Code of Conduct and understand requirements for my child's voluntary participation in Round Rock ISD extracurricular activities. I understand the consequences that my child will face if he or she fails to adhere to these rules and agree to such terms.

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_

## McNeil Swimming Permission For Driving/Riding Arrangement

Due to the special circumstances that the sport of swimming has, some students will be driving their cars to and from Rattan Creek Pool (Milwood Subdivision). Once practice is over, they will then drive to school. New laws and regulations require you to be aware of the following information:

If you give your child permission to drive, if you choose to drive your child, or if you allow your child to ride with another parent/sponsor, you are assuming all legal responsibility (this includes insurance claims).

Please check and fill-in the appropriate blanks if you give or do not give your child permission to do any of the following and then sign the bottom:

- ( ) I will transport \_\_\_\_\_ to and from swim practice.
- ( ) \_\_\_\_\_ can only take authorized district transportation to school after practice.
- ( ) \_\_\_\_\_ has my permission to drive her/his car to practice and **then directly to school after practice.**
- ( ) \_\_\_\_\_ has my permission to drive her/his car to practice and may go home after practice to get ready for school. He/she will return to campus in time for their next class or team meeting.
- ( ) \_\_\_\_\_ has my permission to get a ride to school after practice with the following people:

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

Parent signature \_\_\_\_\_ Date \_\_\_\_\_

Parent name (print) \_\_\_\_\_

Swimmer's name \_\_\_\_\_

## Team Policies and Standards Acknowledgement

I have received and read the 2010 – 2011 McNeil High School Swim Team handbook.  
I understand every rule, policy and standard in the handbook. My signature below shows my intent to commit myself 100% to McNeil Swimming & Diving.

\_\_\_\_\_  
Name of Swimmer (print)

\_\_\_\_\_  
Signature of Swimmer

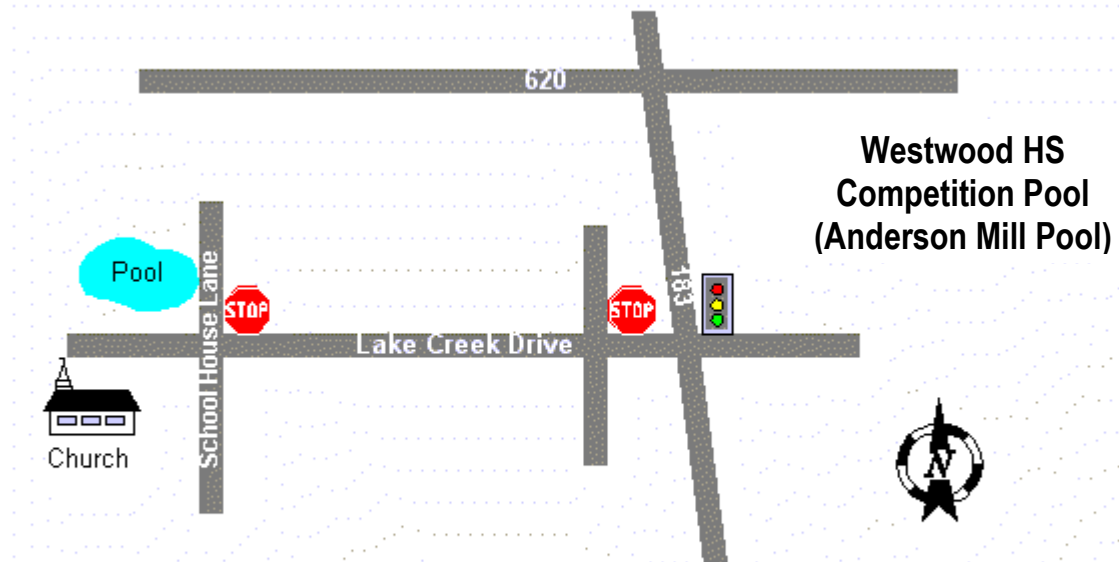
\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Parent (print)

\_\_\_\_\_  
Signature of Parent or Guardian

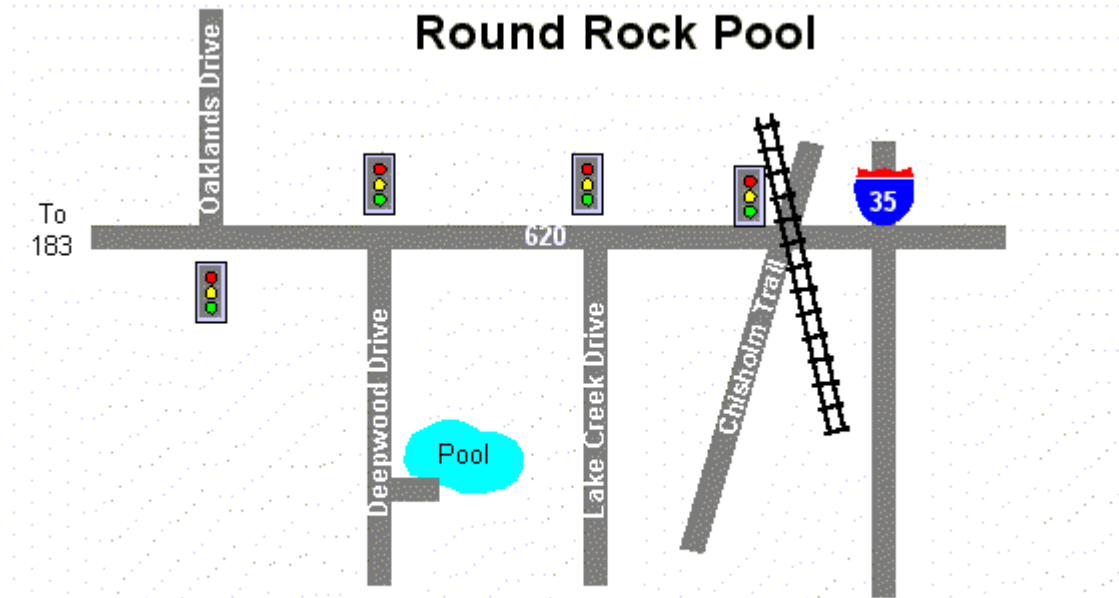
\_\_\_\_\_  
Date

# MAPS



**Westwood HS  
Competition Pool  
(Anderson Mill Pool)**

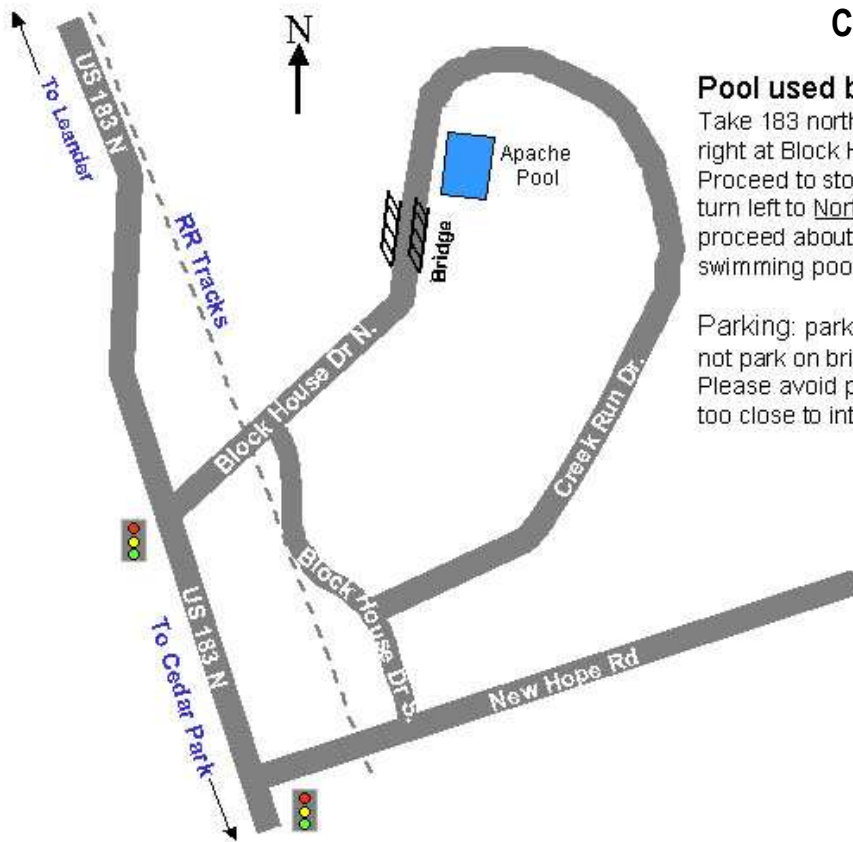
From 183, turn west on Lake Creek Drive.  
The second stop sign is School House Lane.  
The pool is on the northwest corner.  
You may park in the church parking lot south of the pool.



## **Round Rock Pool**

Micki Krebsbach Pool is located on Deepwood Dr. just off 620.  
Go south on Deepwood Dr. approximately 1/4 mile.  
Parking and pool on left.

## Leander HS Competition Pool



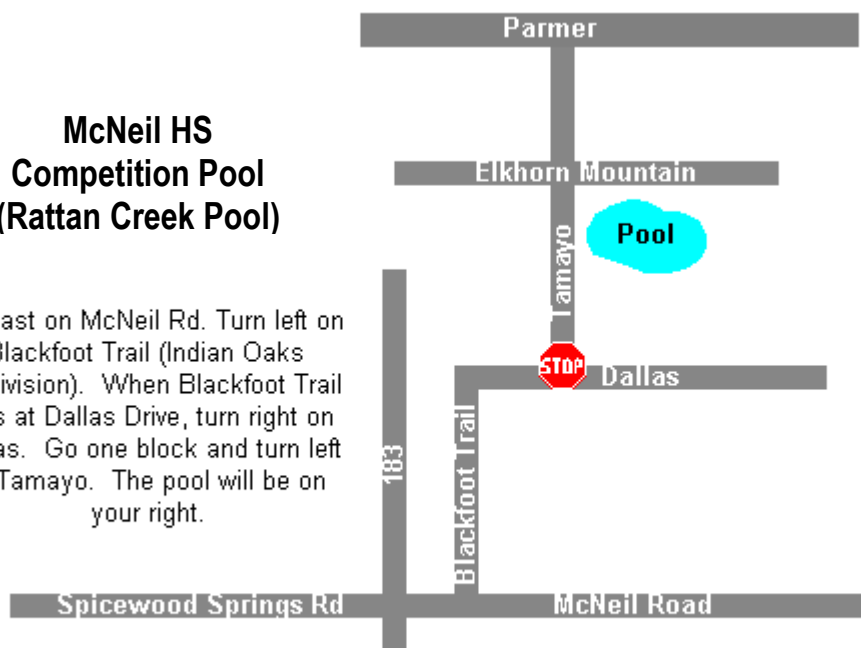
### Pool used by BHC Swim Team

Take 183 north toward Leander. Turn right at Block House Drive at signal light. Proceed to stop sign at T-intersection, turn left to North Block House Dr and proceed about 1/2 mile until reach swimming pool on the right.

Parking: park along Block House Dr., do not park on bridge or at fire hydrant. Please avoid parking on side streets or too close to intersections.

## McNeil HS Competition Pool (Rattan Creek Pool)

Go east on McNeil Rd. Turn left on Blackfoot Trail (Indian Oaks subdivision). When Blackfoot Trail ends at Dallas Drive, turn right on Dallas. Go one block and turn left on Tamayo. The pool will be on your right.



## Directions to Temple HS:

- Take I-35 heading north towards Belton/Temple
  - Once you are in Temple city limits you are going to exit Nugent Avenue
  - Take a RIGHT onto Nugent Avenue. Nugent will quickly make you turn right again heading south.
  - Temple HS will be about a quarter of a mile down the road on your left.
  - Take your first available left into the HS campus. The Natatorium is at the back of the campus
- 

## Directions to the CCISD Natatorium:

**CCISD Natatorium  
3202 Cabaniss Parkway  
Corpus Christi, TX 78415**

- Head South on I - 35
- Once in San Antonio, stay left onto **I – 410 S** and take exit 41 onto **I – 37 S** toward Corpus Christi
- Once in Corpus Christi, take exit 4A to merge onto **N Padre Island Drive(TX – 358E)**
- Exit onto **TX – 286 S** toward **Ayers St.**
- Turn left at Saratoga Blvd
- Continue on TX – 357 E
- Turn Right at Cabaniss Pkwy

**MCNEIL SWIMMING & DIVING**

**COACH: JOHNNY FOSS**

**464-6524 (W)**

**626-7448 (cell)**

**E-MAIL: [johnny\\_foss@roundrockisd.org](mailto:johnny_foss@roundrockisd.org)**